

Foundations of Naturopathic Medicine Project:

Codifying our knowledge.

It's time.



With gratitude and thanks to all who have brought the project to fruition.

The Beginning...



First International Editors Retreat 2007

First International Editors Retreat 2007



Setting the stage



Senior Editor Team



Bill Keppler, Pamela Snider, Jim Sensenig, Jared Zeff, Stephen Myers, Joe Pizzorno
(not pictured Don Warren and Roger Newman Turner)

Senior Editors...



First International Editors Retreat 2007



Pamela Snider and Priscilla Morehouse

First International Editors Retreat 2007



Pamela Snider and Bill Keppler

First International Editors Retreat 2007



First International Editors Retreat 2007



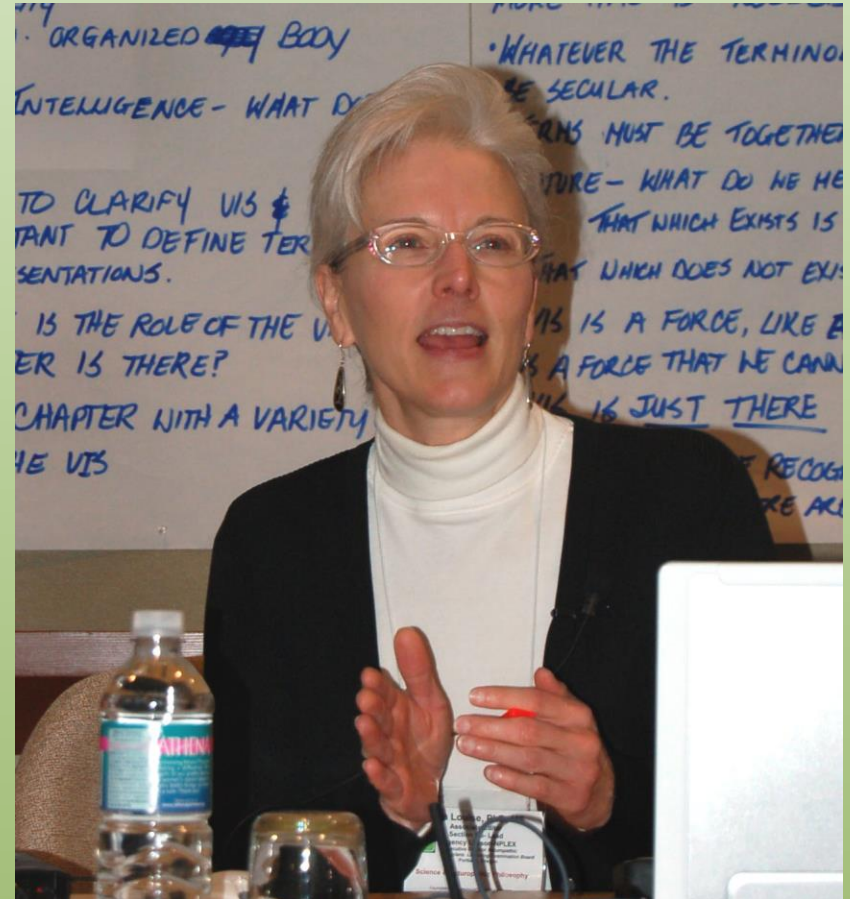
Remembering our dear friend Bill Mitchell

First International Editors Retreat 2007

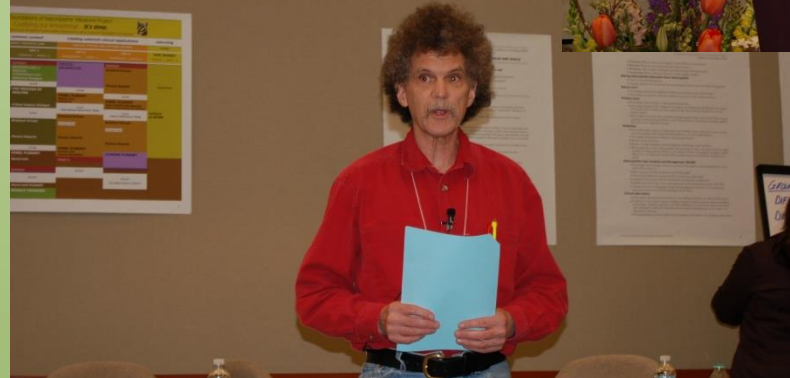


Working during the breakout sessions...

First International Editors Retreat 2007



First International Editors Retreat 2007



First International Editors Retreat 2007



First International Editors Retreat 2007



Deep diving into the VMN



First International Editors Retreat 2007



First International Editors Retreat 2007



Raise your hands if you are having fun!

First International Editors Retreat 2007



First International Editors Retreat 2007



First International Editors Retreat 2007



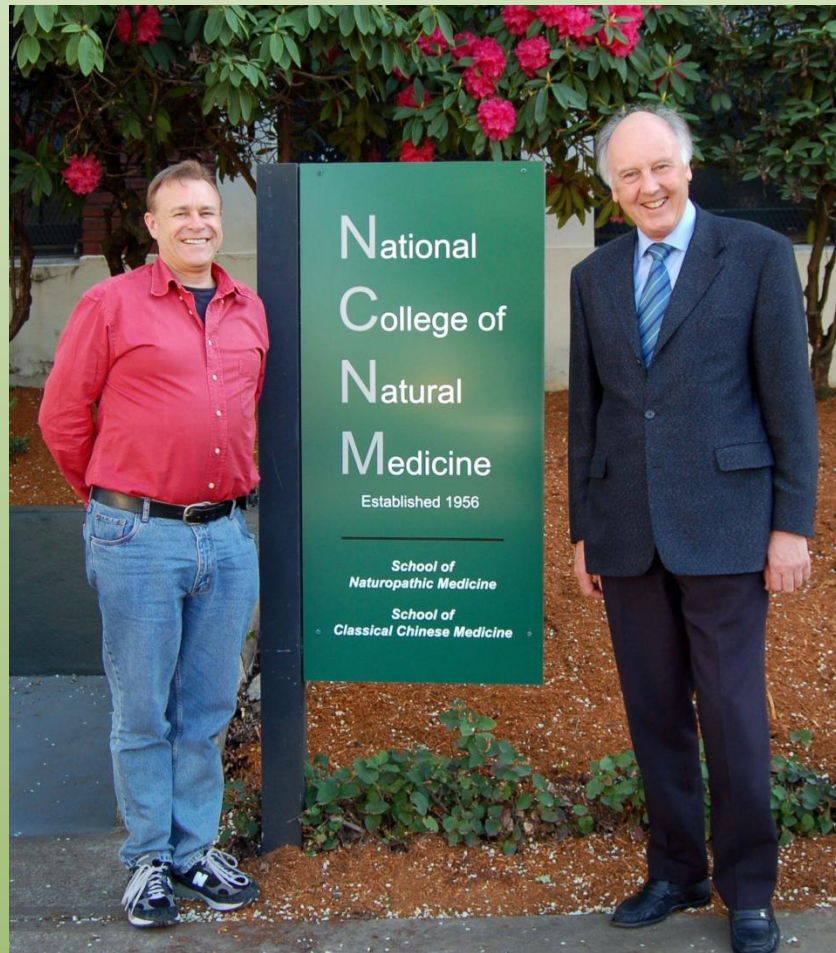
First International Editors Retreat 2007



Thank you to Emma Bezy for your love and dedication
to the project.

Your spirit will live long through your words.

Thank you to NCNM for hosting!



The Retreat ends, but the Project begins...



Nature's Cure



The Senior Editors Retreat

(Critical Editorial Guidance 2010 at NCNM)



The Senior Editors Retreat

(Critical Editorial Guidance 2010 at NCNM)



The Senior Editors Retreat

(Critical Editorial Guidance 2010 at NCNM)



The Senior Editors Retreat

(Critical Editorial Guidance 2010 at NCNM)



The Senior Editors Retreat

(Critical Editorial Guidance 2010 at NCNM)



The Senior Editors Retreat

(Critical Editorial Guidance 2010 at NCNM)



The Senior Editors Retreat

(Critical Editorial Guidance 2010 at NCNM)



Let's Celebrate!

(Critical Editorial Guidance Retreat 2010 at NCNM)



NCNM Student Reflections

(Critical Editorial Guidance Retreat 2010 at NCNM)



The Senior Editors Retreat

(Critical Editorial Guidance 2010 at NCNM)



The Senior Editors Retreat

(Critical Editorial Guidance 2010 at NCNM)



The Senior Editors Retreat

(Critical Editorial Guidance 2010 at NCNM)



The Senior Editors Retreat

(Critical Editorial Guidance 2010 at NCNM)

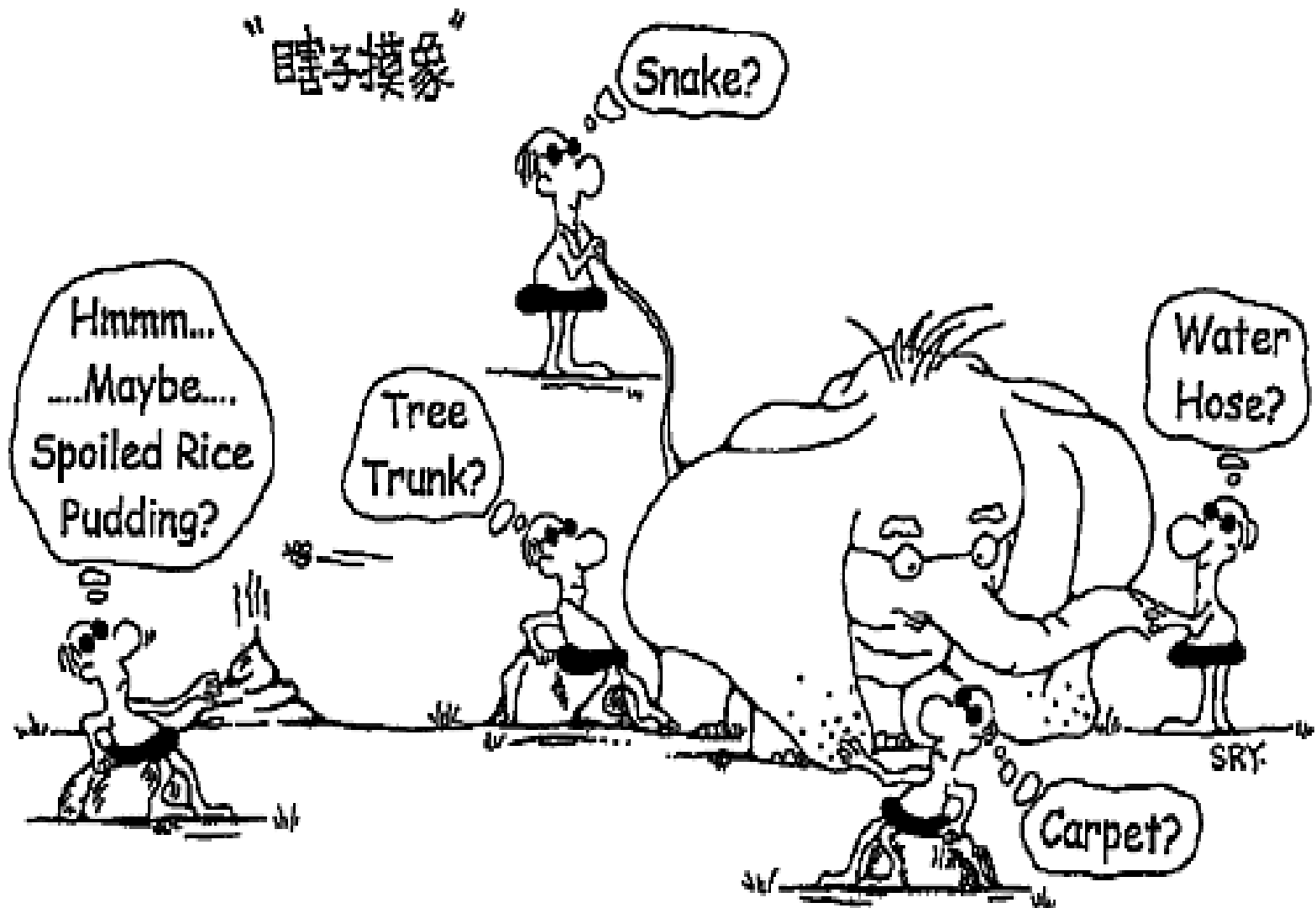


The Senior Editors Retreat

(Critical Editorial Guidance 2010 at NCNM)

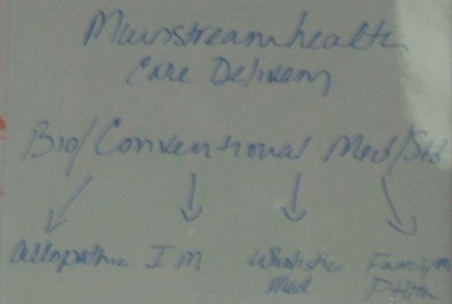


Shhh! – The True Discernment Process at the Senior Editors Retreat...



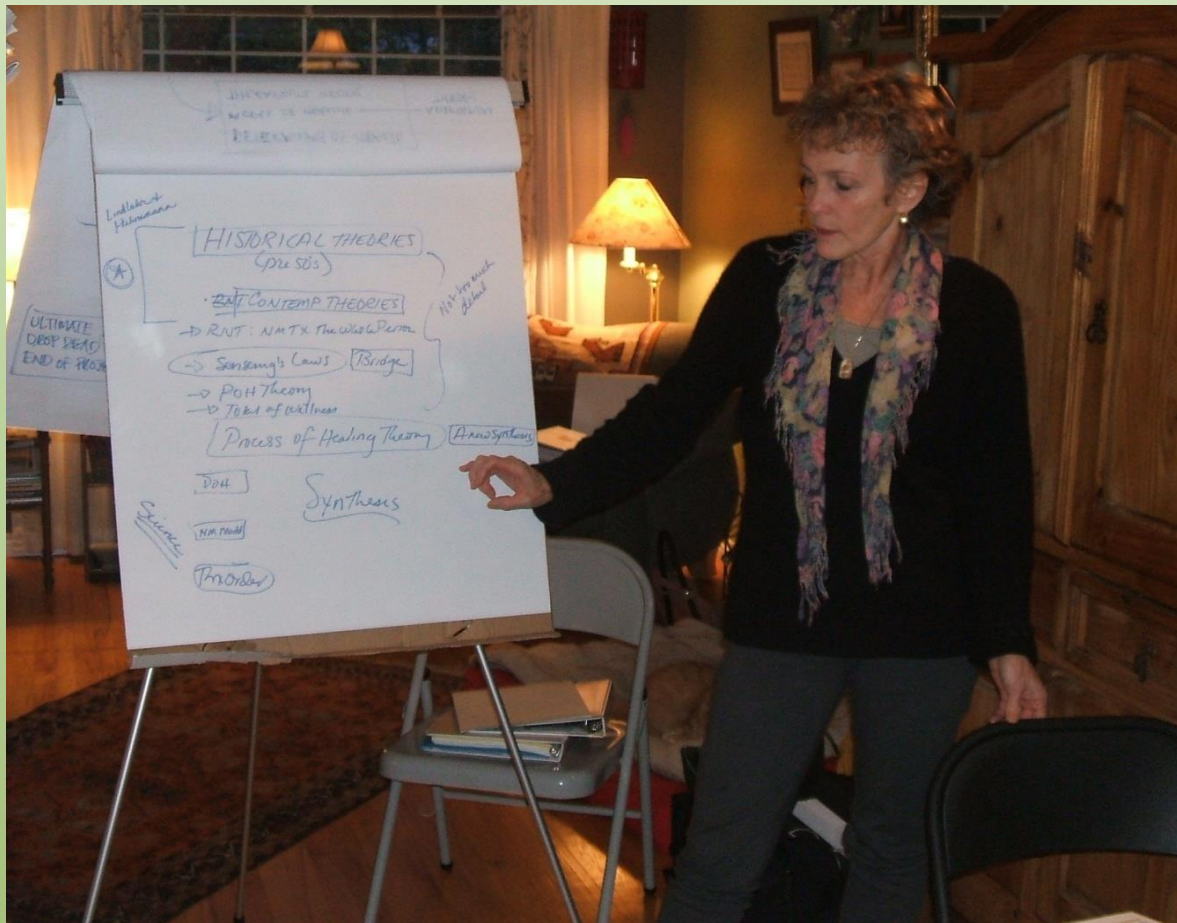
And the Structure of the book is formed!

BOOK	METAPARADIGM TAXONOMY
1 ESSENTIALS	EPISTEMOLOGY PHILOSOPHY
2 TOWARDS A METAPARADIGM	METAPARADIGM
3 THEORY NM	NM WORLD VIEWS PHILOSOPHY HEALTHCARE DISCIPLINE
4 PRINCIPLES NM	PRINCIPLES
5 CORES OF HEALING THEORY <ul style="list-style-type: none"> • LIVES AND TREATMENTS • THERAPEUTIC APPROACH • DETERMINANTS OF HEALTH • NM MODEL OF HEALING 	CLINICAL THEORY
6 EMERGING META-THEORY	META-THEORY CORE
7 CLINICAL APPLICATIONS	REACTIVE THEORY
8 SCIENCE AND PHILOSOPHY	SCIENCE THEORY
9 CREATING A HEALTHY WORLD	PUBLIC POLICY



Senior Editor Retreat

(November 2010)



As the books turns...Pamela leading the discussion

Senior Editor Retreat

(November 2010)



Senior Editor Retreat

(November 2010)



Timeline Project 1.0



With many thanks to Seroyal's Yves Yau for continued support...

Timeline Presented at AANP 2010



Timeline 1.0



Presented at AANP 2010

Timeline 1.0



Presented at AANP 2010

AANP 2010



AANP 2010



AANP 2010



AANP 2010



AANP 2010



Masterminds and Contributor of the Timeline!

AANP 2010



AANP 2010



AANP 2010



AANP 2010



AANP 2010



AANP 2010



President of NCM, David Schleich
FNM's Academic Home – THANK You!

AANP 2010



AANP 2010



AANP 2010



AANP 2010



NWNPC 2010



Thank you for your guidance!

NWNPC 2010



NWNPC 2010



NWNPC 2010



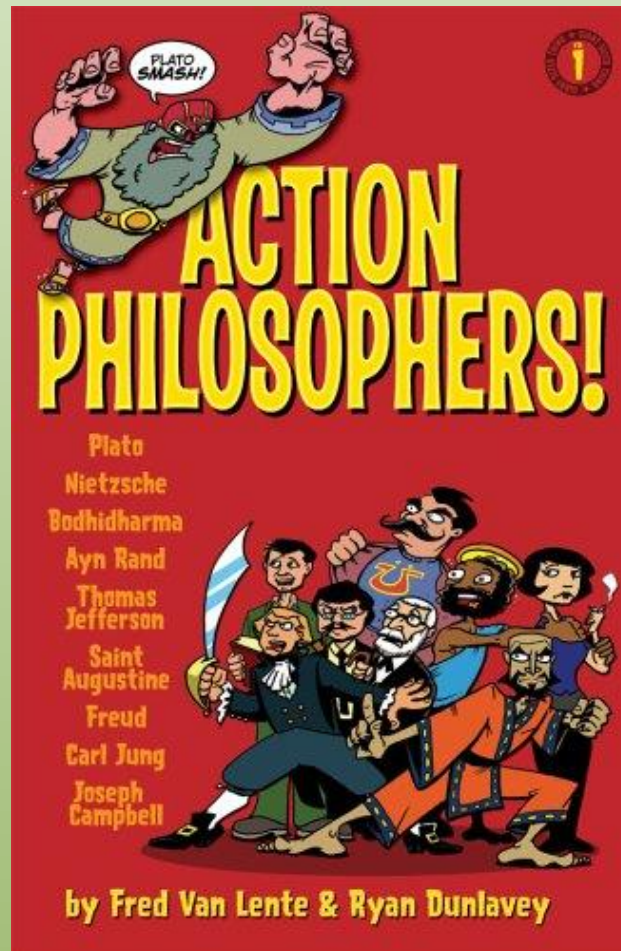
NWNPC 2010

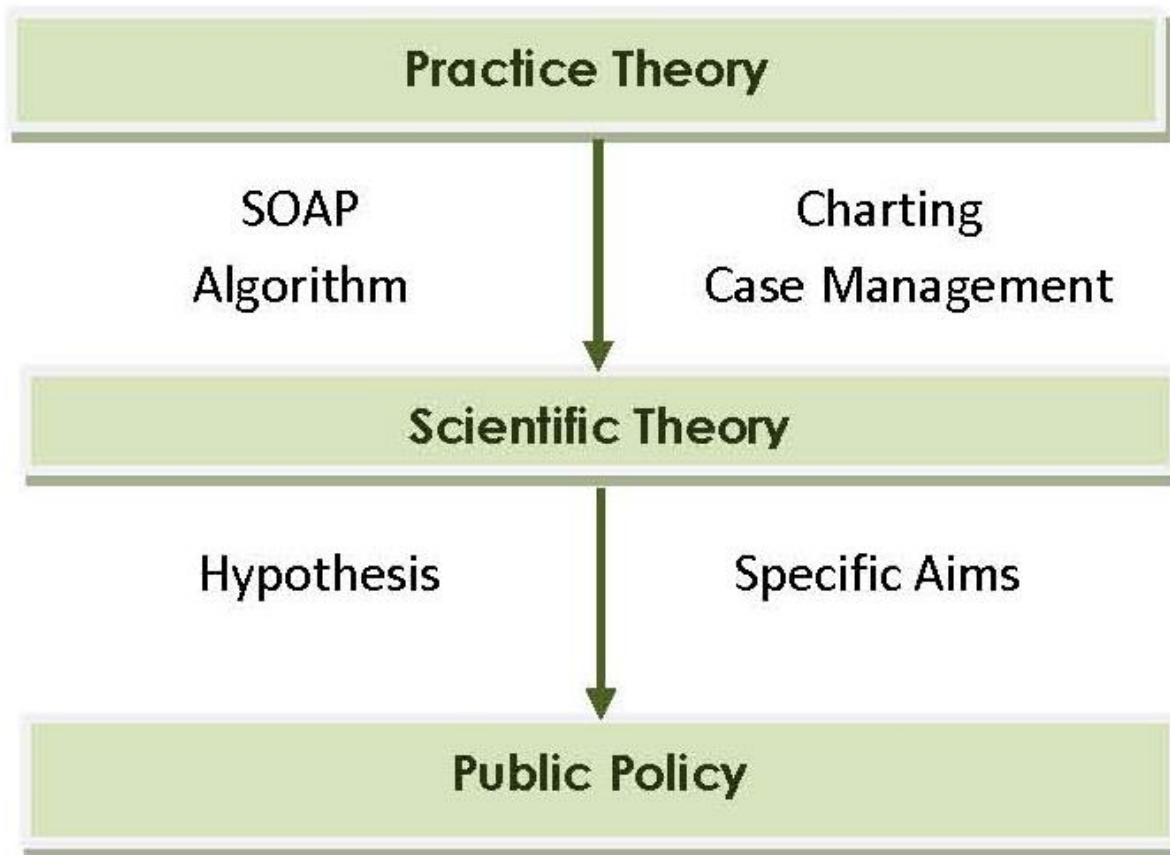


NWNPC 2010



Health Advisory – The Next Few Slides will Exercise your Grey Matter





Creating a Healthy World

- How We Live
- How We Legislate

FNM Hierarchical Model of Naturopathic Medicine

Worldview

Philosophy or Cosmology

Metaparadigm

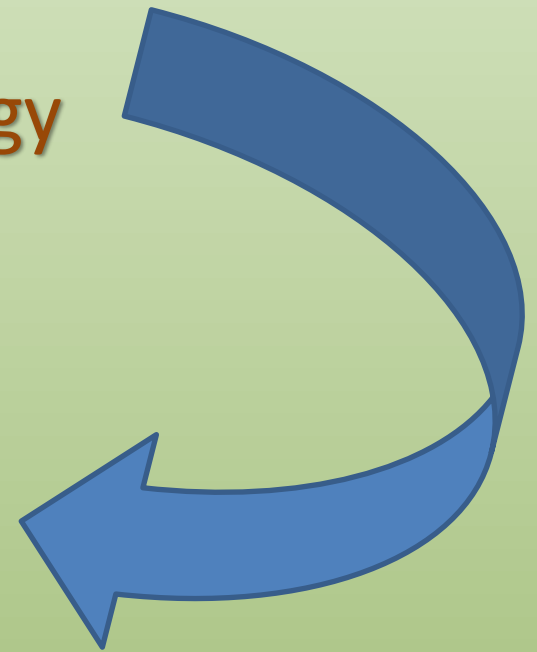
Principle

Theories

Practice Theory

Science Theory

Public Policy



FNM Textbook

The Heart of the Medicine – From Philosophy to Action

Essentials of NM – Toward a Metaparadigm

NM Philosophy

NM Principles

NM Clinical Theory – The Process of Healing

Clinical Applications

Science & Clinical Theory

Public Policy

Spirituality



Founders of Naturopathic Medicine

From our past...



Drs. Lust and Gehman



Drs. McFadden, Lust and Gehman

To our future....

a Naturopathic Medicine textbook developed by many minds of one heart.



Nature Cure: The Heart of Naturopathic Medicine

Chapter X

The Central Tenets of Nature Cure and their relationship to naturopathic medicine

Letitia Dick-Kronenberg, ND; Cathy Rogers, ND; Roger Newman Turner, ND, DO, BAc

At the core of Nature Cure is the observation that it is within the capability of living things to heal themselves. Nature Cure philosophy, the heart and energetic spring of naturopathic medicine, is grounded in the *vis medicatrix*

naturae, the inherent self-healing power of body and spirit to restore health and to foster the growth of a unique human being connected to all living things. Today, modern naturopathic practices are still guided by the following central tenets of Nature Cure:

Acute illness is the body's natural, highly organized, and intelligent reaction to assaults on normal functions. These efforts to restore health and balance, create symptoms — the detectable result of myriad physiological and biochemical processes. In the Nature Cure paradigm, illness is not considered to be primarily the result of foreign invasion of a healthy body that must be defeated or suppressed. Rather, it is recognized that germs flourish in already damaged tissues. The body's terrain becomes vulnerable when disturbed by poor hygiene, poor digestion, contaminated food and water supply, social isolation, lack of connection, or unremitting stress. These factors create a favorable environment for disease to flourish.

The healing reaction is a potentially curative process of inflammation and discharge that can be stimulated by natural therapies, applied over time in a particular therapeutic order (see Chapter X). Using toxic drugs to suppress acute healing reactions may weaken the body's capacity to mount a sufficient reaction. This allows disturbing factors and toxins to further accumulate, thus increasing the risk for developing a chronic illness.

In Nature Cure, healing is brought about by supporting or stimulating a person's innate healing potential through teaching and applying preventive, hygienic practices of cleansing, fasting, and rebuilding health through diet,

At the core of Nature Cure is the observation that it is within the capability of living things to heal themselves. Nature Cure philosophy, the heart and energetic spring of naturopathic medicine, is grounded in *vis medicatrix naturae*, the inherent self-healing power of body and spirit to restore health, and to foster the growth of a unique human being connected to all living things.

FEATURES:
Callouts highlight key points from the text, to reinforce learning, facilitate study & review, and to summarize main concepts.

FNM Text Draft, Nature Cure: Rogers, Dick-Kronenberg, Newman Turner, eds.

Dick- Kronenberg, L., Rogers, C., and Newman Turner, R. *The Central Tenets of Nature Cure*. in Snider, P., Zeff, J., Pizzomo, J., Myers, S.P., Sensenig, J., Warren, D., Newman Turner, R., Kruzel, T. *Foundations of Naturopathic Medicine – the Healing Power of Nature*. Seattle, WA. Copyright 2009 – 2025, author & Foundations of Naturopathic Medicine, Foundations of Naturopathic Medicine Institute and Naturopathic Medicine Academy. Seattle WA & Snoqualmie, WA.

Water Heals...



Thank You from the Foundations Project!!!